Name of meeting/event	**Improving, Promoting and Sustaining Mental Health Task group**
Date of meeting/event	**9th January 2012**
Organised by	**Shadow Healthwatch Croydon**
Chair/Facilitator	**Dudley Edwards**
Note taker	**Jennine Bailey – Croydon LINk's**
Venue	**CVA Resource Centre, Croydon CR0 2TB**

Attendance (7)	**Apologies**
Dudley Edwards (DE) - Chair Pat Knight (PK) Jim Mansell (JM) – Older People Network Anna D'Agostino (AD) – BME Forum Martin Camden (MC) Tim Oldham (TO) – Hear Us Allie Cairnie (AC) – Hear Us Tanya Osmimi (TO) – Off the Record Terry Crooke (TC) - Off The Record Ikenna Obianwa (IO) - Shadow Healthwatch Croydon Community Involvement Nicole Beckford (NB) – Shadow Healthwatch Croydon Community Involvement Jennine Bailey (JB) - Shadow Healthwatch Croydon Administrator	

Item & Discussion	**Action / Deadline**
1) Welcome, apologies and introduction The Chair welcomed all to the meeting. Introductions were made. **2) Minutes Of Last Meeting** Corrections to be made to Jim Mansell's name. **Matters arising:** IO informed the group that he has followed up on the questions previously sent to Mental Health Commissioning but has only received feedback regarding one of the questions. However they informed him that they will be carrying out an audit regarding BME groups and have requested a representative from this task group to join this audit. They will contact IO when this has been approved by the Coordinator.	Action: IO to chase

Action: IO to chase up questions to David Osbourne.	up questions to David Osbourne
3) Suggestions for Youth Engagement	
NB feedback engagement work already carried out and her suggestions for future youth engagement work.	
She informed the group that she has involved 40 students (54% female and 46% male) at Croydon College regarding mental health issues outlined by the Task group Chair. The results are as follows: • 78% were not aware of where to access help or advice with mental health issues. • The research showed that their first point of call is the internet. After which is GPs and then their College Nurse. • They felt that they where made aware of mental health issues through television such as Law and order and Eastenders. • Many students referred to the mental health campaign which featured Ruby Wax. • The young people didn't recognise stress and depression as mental health issues. They did however recognise Schizophrenia and bipolar as mental health.	
The task group agreed to go back to Croydon College and find out: • What the students definition of mental health is • How can Mental Health services promote themselves more • If they recognise a list of Mental Health services in Croydon.	
The group also agreed to signpost these young people to organisations that can help them during the consultation.	
The group have identified a gap between adult's services and young people services.	
The group identified the need to market these websites that have useful information regarding mental health issues.	
Action: All to attend the Health and Wellbeing Meet the Board Open Day on the 19th January from 1-5pm at Fairfield Halls, to understand more about the board and inform them of our concerns. Group agreed to ask them how they can better integrate local people's mental health concerns, young people's rather weak understanding of mental health and access to services from the Shadow Healthwatch survey.	Action: All to attend the Health and Wellbeing Meet the Board Open Day on the 19th January from 1-5pm at Fairfield Halls, to understand more about the board and inform them of our concerns. Group agreed to ask them how they can better integrate local people's mental health concerns, young people's rather weak understanding of mental health and access to services from the Shadow Healthwatch survey.
4) Increased Access into Physiological Therapy	
IO informed the group that SLaM has been commissioned to deliver this service.	
Action: The group would like to know how SLaM will be delivering this service and what CVA's involvement will be. IO to invite SLaM providers and Karen Chillman (from CVA) to next meeting.	Action: The group would like to know
Action: IO to Ask IAPT - How will IAPT be resources and how will others be	

affected, for the next meeting.

5) Bethlem Hospital- Enter n View

The chair has contacted John Clarke and Penny Cutting (Clinical Services Leader)to restart the acute Care Forum at Bethlem Hospital as an opportunity for groups to raise issues/concerns.

Action: Hear us (Tim) to add their voice regarding restarting the Acute Care Forum meetings.

6) Matters arising

IO informed the group that 3 deep dives will be carried out this year. One has been done around abortions, next will be child poverty and then dementia.

IO informed the group about up and coming events:

- Croydon Community Commissioning event at CVA Resource centre. On the 25th January from 11am -5pm
- Mental Health Forum on 26th January from 2pm-4pm.
- Vulnerable Groups Task Group- Refugee and Asylum Seekers event on 21st February. From 12noon – 4pm at CVA Resource Centre.

7) AOB

Off the record are in the process of updating their website, so if anyone can send in information that may be useful to young people please send to terry@offtherecordcroydon.org.

Action: IO to circulate report regarding dementia.

Action: IO to get copies of Mental Health training disc brought in by JM. AD to give disc to IO.

MC discussed the governments concept of Payment By Result with the group. Action: to be discussed at a future meeting.

Action: To put Workplan review on all future meetings.

Action: To send Tim from Hear us the JPEG of logo.

Next meeting will be on Wednesday 15th February 2012
at 10:30am,
CVA Resource Centre, 82 London Rd,
West Croydon,
CR0 2TB

All information available in large print, on tape or other formats. Contact Jennine Bailey on 020 8253 7090 or Minicom 020 8683 7014.

how SLaM will be delivering this service and what CVA's involvement will be. IO to invite SLaM providers and Karen Chillman (from CVA) to next meeting.

Action: IO to Ask IAPT - How will IAPT be resources and how will others be affected, for the next meeting.

Action: Hear us (Tim) and Chair to chase up Jon Clarke regarding restarting the Acute Care Forum meetings.

Action: IO to circulate report regarding dementia.

Action: IO to get copies of Mental Health training disc brought in by JM. AD to give disc to IO.

Action: To discuss the governments concept of Payment By Result at a future meeting.

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