OURSPACE COMMUNITY HUB

THANK YOU FOR THE OPORTUNITY TO TALK TO YOU ABOUT OURSPACE COMMUNITY HUB

FOR THOSE OF YOU WHO MAY NOT BE AWARE OURSPACE IS BASED IN THE OLD MILLETS BUILDING ON THE HIGH STREET OPPOSITE SHIP PUB AND BACKING ON TO SURREY STREET MARKET

IT IS A SUBSTANTUAL BUILDING OF 4 FLOORS AND OVER 6000 SQ FEET WHICH WE ACQUIRED APPROX 3 YEARS AGO

IT WAS IN A TERRIBLE STATE OF DELAPIDATION -WITH NO RUNNING WATER, WORKING TOILETS AND LIGHTS THAT WORKED

WHEN SIGNING THE LEASE ON BEHALF OF DISABILITY CROYDON I ASKED MY 'WHAT ON EARTH HAVE I DONE"

I WAS QUICKLY RE-ASSURRED BY THE REACTION OF THE CROYDON COMMUNITY

WITHIN WEEKS AND OVER 3 COLD MONTHS – ABOUT 50 INDIVIDUALS FROM ALL BACKGROUNDS AND AGES VOLUNTEERED THEIR TME, SKILLS AND ENERGY TO CLEAN, PAINT AND REFURBISH

SMALL CROYDON BUSINESSES DONATED MATERIALS SUCH AS PAINT AND TOOLS AND A CITY CENTER HOTEL DONATED ENOUGH CARPET TILES TO COVER MOST FLOOR

THE BUIDING BECAME HABITABLE

WHAT TO DO WITH SUCH A BUILDING ???

- TO DISABILITY CROYDON IT WAS A GOLDEN OPPORTUNITY
 - A VENUE THAT COULD FACILATE PARTNERSHIP WORKING BETWEEN THE PUBLIC, PRIVATE AND VOLUNTARY SECTOR
 - A SPACE TO SHARE. A SPACE TO DEVELOP SERVICES THAT THE COMMUNITY ASKED FOR AND EXPLORE NEW WAYS OF WORKING AND DELIVERING SERVICES
 - AN OPPORTUNITY TO DEVELOP PEER SUPPORT GPOUPS, TRY SOMETHING NEW, TO LISTEN, TO COLLABORATE

SOME OF THE VOLUNTARY SECTOR WHOM WE APPROACHED TO SHARE CONSIDERED IT A GAMBLE TO FAR

BEAR IN MIND THIS WAS DURING COVID AND THE EMERGING THREAT OF LOCAL AUTHORITY GRANTS ENDING

OTHERS SHARED OUR DREAM AND JOINED US

FIRST STEPS

- WITH A SMALL GRANT WE BUILT A COMMERCIAL CAFÉ AND DROP -IN
- 4 START UPS COMERCIAL VENTURES HIRED SPACE —

THIS WAS CRITICAL AS WE SEE THE LONG TERM VIABILITY OF OURSPACE BEING A MARRIAGE BETWEEN PRIVATE AND VOLUNTARY SECT

 A FULLY EQUIPPED GYM WAS SET UP ON FLOOR AND ATTRACTED PEOPLE

OVER TIME WE WERE JOINED BY Royal Mencap Autism Voice, Dignitate, the DWP AND A RANGE OF GROUPS LOOKING FOR A HOME OR SPACE TO DELIVER THEIR SERVICES

EVENTUALLY 17 DIFFERING GROUPS began USING OURSPACE

I WOULD LIKE TO STRESS THAT OURSPACE IS A WORK IN PROGRESS BOTH IN TERMS OF REFURBISHMENT AND IN DEVELOPING SERVICES

IF ANY BODY PRESENT HAS IDEAS OR PROJECTS THAT CAN BE SUPPORTED BY OURSPACE OR YOU Would LIKE TO EXPLORE OPTIONS Please drop in for a chat

In closing

I would like to briefly share with you how the gym began as simply that – a gym and became something much more

It became clear that attendance at gym for classes was not simply for exercise and getting fit as many as 80 % of attendees began to open up and discuss their concerns about their mental health particularly with young males from BAME backgound

With support from NHS CCG we adapted the gym service which now offers mental health support and outreach support using whats app -

An example of private, public and voluntary working in partnership to address a community need