

Emergency First : Aid At Work

If your risk assessment indicates that first aid training covering emergency protocols only, is sufficient for your workplace, this one-day course will help you meet your regulatory requirements.

**Certificated
One Day Course
Certificate which is
valid for three years**



Who should attend?

This course is designed for people who want to receive training in emergency first aid and is especially suited for small groups and charities who should have a qualified first aider on site when delivering projects.



Cost £40.00

28TH March 2019 @10am - 5pm

**ASKI @ The Hub 33 Brigstock Road
Thornton Heath Croydon CR7 7JJ**



What you will learn?

The content of this course provides basic life saving first aid and workplace health and safety regulations, covering the following:

- | | |
|------------------------------------------|----------------------------------------------------|
| The role of the first aider | Fainting |
| Managing an emergency | Health & safety (first aid) regulations |
| Communication & casualty care | Resuscitation (adult CPR) |
| Bleeding (minor and severe) | Seizures (adult) |
| Burns | Shock |
| Choking (adult) | Unconscious casualty |