

# enanc pport Service

Are you working with young people transitioning from care into independent living?

### The Jigsaw4u Tenancy Support Service can help:

The Tenancy Support Program is offered to Merton and Sutton care leavers aged 18 - 25 years old who are moving from care into their own homes. Our primary aim is to support their transition into safe, suitable housing and successful independent living.

If they have already moved out and they are in need of additional support, we can help with one-to-one work designed to provide practical solutions. We understand each person's circumstances are different so we will work with the young person on an individual basis that best suits their needs.

#### Our Tenancy support Practitioner can support the young person with:

- Maximising their benefits and budgeting 💊 Medical services (GP, Dentist, etc)
- Making their accommodation safe and habitable
- Further education, applying for jobs, and planning for their future
- Issues of isolation and help them to build networks of support

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Maintaining a healthy lifestyle (e.g. Sleep patterns, diet and exercise)

For further information or to refer. email info@jigsaw4u.org.uk or call 020 8687 1384

## Helping put the pieces back together